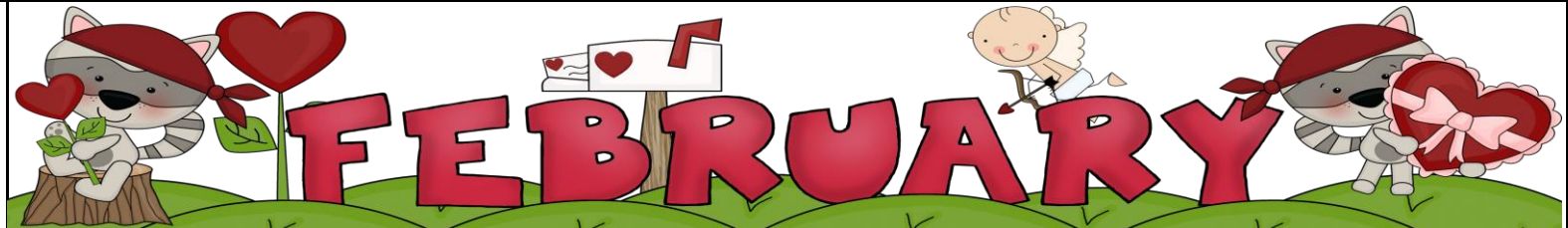


## February 2026 2nd Floor Manor Activities

| Sunday                                                                                                                                                                                                                      | Monday                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                      | Wednesday                                                                                                                                                   | Thursday                                                                                                                                | Friday                                                                                                                                                                                                                 | Saturday                                                                                                                                                                                                                                                  |
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| <b>1</b><br>10:00 Exercise<br>10:30 Sunday Stretch<br>2:00 Worship Service<br>2:30 Hymn Sing<br>3:15 Sacred Spirituals<br>6:30 Ice Cream Sundaes                                                                            | <b>2 Groundhog Day</b><br>10:00 Morning Swing<br>10:30 News & Views<br>2:00 Kitchen Creation<br>3:15 Groundhog Fun<br>6:30 Michael Jackson  | <b>3</b><br>10:00 Exercise<br>10:30 God's Circle<br>1:30 Rosary<br>2:00 Sing Along<br>3:15 Westminster Dog Show<br>6:30 Silly Critters      | <b>4</b><br>10:00 Daily Exercise<br>10:30 Midweek News<br><b>2:00 Bingo</b><br>3:15 Favorite Candy<br>6:30 Prayer Meeting                                   | <b>5</b><br>10:00 Morning Stretch<br>10:30 Daily News<br>2:00 Yetta's Beauty Bar<br>3:15 1960's Hairstyles<br>6:30 Black History Month  | <b>6</b><br>10:00 Armchair Fitness<br>10:30 News & Views<br><b>2:00 Superbowl Party (MDR)</b><br>3:15 Super Snack<br>6:30 NFL Bloopers                                                                                 | <b>7</b><br>10:00 AM Stretch<br>10:30 News Time<br>2:00 Fellowship Drive-In<br>3:15 Concession Stand<br>6:30 Hospitality Cart                                                                                                                             |
| <b>8</b><br>10:00 Sunday Stretch<br>10:30 News Time<br>2:00 Worship Service<br>2:30 Hymn Sing<br>3:15 SuperB Commercials<br>6:30 Superbowl LX                                                                               | <b>9</b><br>10:00 Morning Swing<br>10:30 News & Views<br>2:00 Nail Day<br>3:15 Red, Pink & White<br>6:30 Hollywood Couples                  | <b>10</b><br>10:00 Exercise<br>10:30 God's Circle<br>1:30 Mass<br>2:00 Sing Along<br>3:15 All About Presidents<br>6:30 Is it Real or Cake?  | <b>11</b><br>10:00 Daily Exercise<br>10:30 Midweek News<br><b>2:00 Bingo</b><br>3:15 Oprah<br>6:30 Prayer Meeting                                           | <b>12</b><br>10:00 Morning Stretch<br>10:30 Daily News<br>2:00 Valentine's Cards<br>3:15 Cupid Trivia<br>6:30 The Story of Hallmark     | <b>13</b><br>10:00 Armchair Fitness<br>10:30 News & Views<br><b>2:00 Winter Olympics (MDR)</b><br>3:00 Italy<br>6:30 The Love Boat  | <b>14 Valentine's Day</b><br>10:00 AM Stretch<br>10:30 News Time<br><b>2:00 Valentine's Party w/ Lori Woodward (MDR)</b><br>3:15 Love Songs<br>6:30 Sweetheart Social  |
| <b>15</b><br>10:00 Sunday Stretch<br>10:30 News Time<br>2:00 Worship Service<br>2:30 Hymn Sing<br>3:15 Winter Gardens<br>6:30 Paul Anka                                                                                     | <b>16 President's Day</b><br>10:00 Morning Swing<br>10:30 News & Views<br>2:00 Valentine's Wreath<br>3:15 Ron & Nancy Reagan<br>6:30 State Capitals                                                                          | <b>17 Mardi Gras</b><br>10:00 Exercise<br>10:30 God's Circle<br>1:30 Rosary<br><b>2:00 Dog Parade (MDR)</b><br>3:15 Fasnacht Facts<br>6:30 Grandma's Recipes                                                                 | <b>18 Ash Wednesday</b><br>10:00 Daily Exercise<br>10:30 Midweek News<br>2:00 Ash Wednesday Service ZCC/ TV 198<br>3:15 Worship Music<br>6:30 This or That? | <b>19</b><br>10:00 Morning Stretch<br>10:30 Daily News<br>10:30 Resident Council<br><b>2:00 Bingo</b><br>3:15 Canteen<br>6:30 Who Am I? | <b>20</b><br>10:00 Armchair Fitness<br>10:30 News & Views<br>2:00 Suncatcher Craft<br>3:15 "HEART"y Snack<br>6:30 African American Inventors                                                                           | <b>21</b><br>10:00 AM Stretch<br>10:30 News Time<br>2:00 Baking with Bri<br>3:15 Taste Test<br>6:30 Oylmpic Winners                                                                                                                                       |
| <b>22</b><br>10:00 Sunday Stretch<br>10:30 News Time<br>2:00 Worship Service<br>2:30 Hymn Sing<br>3:15 Beverage Bar<br>6:30 Movie Night  | <b>23</b><br>10:00 Morning Swing<br>10:30 News & Views<br>2:00 Victorian Tea Party<br>3:15 Kings & Queens<br>6:30 Card Game                                                                                                  | <b>24</b><br>10:00 Exercise<br>10:30 God's Circle<br>1:30 Mass<br>2:00 Sing Along<br>3:15 Aretha Franklin<br>6:30 Pub Quiz                | <b>25</b><br>10:00 Daily Exercise<br>10:30 Midweek News<br><b>2:00 Rob Ballonoff (MDR)</b><br>3:15 Soul Food Facts<br>6:30 Prayer Meeting                   | <b>26</b><br>10:00 Morning Stretch<br>10:30 Daily News<br>2:00 Bingo<br>3:15 Movie Quotes<br>6:30 Julie Andrews                         | <b>27</b><br>10:00 Armchair Fitness<br>10:30 News & Views<br>2:00 Bocce Ball<br>3:15 Pennsylvania Tunes<br>6:30 Let's Laugh                                                                                            | <b>28</b><br>10:00 AM Stretch<br>10:30 News Time<br>2:00 Thumball<br>3:15 Leap Year: Weird Rules & Traditions<br>6:30 The Arctic Fox                                                                                                                      |
| <br><b>BLACK HISTORY MONTH</b>                                                                                                           |                                                                                                                                          |                                                                                                                                                                                                                              |                                                                                                                                                             |                                                                                                                                         |                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                           |