

January 2026 2nd Floor Manor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day 10:00 Morning Stretch 10:30 Daily News 2:00 Bingo 3:15 Resolutions A-Z 6:30 Mummer's Parade	2 10:00 Armchair Fitness 10:30 News & Views 2:00 Global New Years 3:15 New Year's Tea 6:30 January Birthdays	3 10:00 Armchair Dance 10:30 News Time 2:00 Bean Bag Toss 3:15 Treat Time 6:30 Dean Martin
4 10:00 Sunday Stretch 10:30 News Time 2:00 Worship Service 2:30 Hymn Sing 3:15 Trip to Alaska 6:15 Leave it to Beaver	5 10:00 Morning Swing 10:30 News & Views 2:00 Baking w/ Kenyetta 3:15 Kitchen Stories 6:30 Fascinating Facts	6 10:00 Exercise 10:30 God's Circle 1:30 Rosary 2:00 Sing Along 3:15 Epiphany 6:30 Figure Skating	7 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:15 Cuckoo Clocks 6:30 Prayer Meeting	8 10:00 Morning Stretch 10:30 Daily News 2:00 Puppet Show (MDR) 3:15 Elvis's Birthday 6:30 How It's Made	9 10:00 Armchair Fitness 10:30 News & Views 2:00 Bowling 3:15 Canteen 6:30 Julia Child 	10 10:00 Armchair Dance 10:30 News Time 2:00 Oreo Creation 3:15 Taste Test 6:30 A Night at the Symphony
11 10:00 Sunday Stretch 10:30 News Time 2:00 Worship Service 2:30 Hymn Sing 3:15 Scattegories 6:30 Brain Freeze	12 10:00 Morning Swing 10:30 News & Views 2:00 Babe Ruth Movie Premiere (ZZC) 6:30 Famous Baseball Players and Teams 	13 10:00 Exercise 10:30 God's Circle 1:30 Mass 2:00 Rob Ballonoff (MDR) 3:15 Music Review 6:30 Finish the Phrase 	14 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:15 Antarctica 6:30 Prayer Meeting	15 10:00 Morning Stretch 10:30 Daily News 10:30 Resident Council 2:00 Disappearing Snowman 3:15 Winter Songs 6:30 Guess the Year	16 10:00 Armchair Fitness 10:30 News & Views 2:00 Word in a Word 3:15 Hydration Station 6:30 Trip to the Past	17 10:00 Armchair Dance 10:30 News Time 2:00 Weekend Matinee 3:15 Movie Chat 6:30 Friendship Circle
18 10:00 Sunday Stretch 10:30 News Time 2:00 Worship Service 2:30 Hymn Sing 3:15 Sweet Treat 6:30 Andy Griffith Show	19 Martin Luther King Day 10:00 Morning Swing 10:30 News & Views 2:00 Rick Focht (MDR) 3:15 Martin Luther King 6:30 Musical Monday	20 10:00 Exercise 10:30 God's Circle 1:30 Rosary 2:00 Sing Along 3:15 Reading Hour 6:30 Karaoke 	21 10:00 Daily Exercise 10:30 Midweek News 2:00 Bingo 3:15 Person, Place, Thing 6:30 Prayer Meeting	22 10:00 Morning Stretch 10:30 Daily News 2:00 M & M Game 3:15 Complete the Lyrics 6:30 Movie Stars 	23 10:00 Armchair Fitness 10:30 News & Views 2:00 Axe Throwing 3:15 Beverage Bar 6:30 Paul Bunyan	24 10:00 Armchair Dance 10:30 News Time 2:00 Nail Care 3:15 Tongue Twisters 6:30 Rhyme Time
25 10:00 Sunday Stretch 10:30 News Time 2:00 Worship Service 2:30 Hymn Sing 3:15 The Beatles 6:30 London Landmarks	26 10:00 Morning Swing 10:30 News & Views 2:00 Snow Globes 3:15 Funny Quotes 6:30 Polka Fest! 	27 10:00 Exercise 10:30 God's Circle 1:30 Mass 2:00 Sing Along 3:15 Opposites 6:30 Higher/Lower Cards 	28 10:00 Daily Exercise 10:30 Midweek News 2:00 Winter Social (MDR) 3:15 Balloon Toss 6:30 Prayer Meeting	29 10:00 Morning Stretch 10:30 Daily News 2:00 Snowman Craft 3:15 Polar Bear Cookies 6:30 Chilly Trivia	30 10:00 Armchair Fitness 10:30 News & Views 2:00 Roy Ramos (MDR) 3:15 Would You Rather? 6:30 NFL Pro Bowl Skills	31 10:00 Armchair Dance 10:30 News Time 2:00 Trip to the Zoo 3:15 Steve Irwin 6:30 Dancing w/ the Stars