



May 2023 First Floor Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 MAY DAY 10:00 Morning Stretch 10:30 News Flash 2:00 May Day Social 3:00 The May Pole 6:30 Tulip Festival	2 10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary  2:00 Hat Day 3:00 Name the Hat 6:30 National Baby Day	3 10:00 Jazzercise 10:30 Midweek Update 2:00 Bingo 3:00 Prize Time 6:30 Prayer Meeting	4 10:00 Morning Swing 10:30 Bible Study 2:00 Balloon Volley Ball 3:00 Star Wars 6:30 Yahtzee	5 10:00 Daily News 10:30 Friday Fitness 2:00 Cinco de Mayo MDR 3:00 Mexico Facts 6:30 Dance Fun	6  10:00 Let's Move 10:30 Weekend Report 2:00 Birthday Bash 3:00 Famous Birthdays 6:30 Famous Siblings
7 10:00 Worship 10:30 Sunday Stretch 2:00 Hymn Sing 2:30 Worship 3:00 Garden Trivia 6:30 Garen Gnomes	8 10:00 AM Fitness 10:30 News Flash 2:00 Mother's Day Cards 3:00 Mom Says..... 6:30 Cola Party	9 10:00 Morning Stretch 10:30 In the Headlines 1:30 Mass 2:00 Penny Pitch 3:00 Count your Pennies 6:30 Celebrating Nurses	10 10:00 Jazzercise 10:30 Midweek Update 2:00 Bingo 3:00 Tongue Twisters 6:30 Prayer Meeting	11 10:00 Morning Swing 10:30 Bible Study 2:00 Nail Spa 3:00 Refreshments 6:30 American Sayings	12 10:00 Daily News 10:30 Friday Fitness 2:00 Name That Tune 3:00 Famous Orchestras 6:30 On the Sage	13  10:00 Let's Move 10:30 Weekend Report 2:00 MOTHER,S DAY SOCIAL MDR 3:00 Turn Back Time 6:30 Favorite Foods
14 MOTHER'S DAY 	15 10:00 AM Fitness 10:30 News Flash 2:00 Chocolate Chip Day 3:00 Tasting Cookies 6:30 Trip to Colorado	16 10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary 2:00 Shuffle Board 3:00 The Chat Room 6:30 Turtle Time	17 10:00 Jazzercise 10:30 Midweek Update 2:00 Bingo 3:00 Fruit or Vegetable 6:30 Prayer Meeting	18 Ascension Day 10:00 Bible Study 10:30 Resident Council 2:00 Baking 3:00 Sweet Treat 6:30 Friendship Circle	19 10:00 Daily News 10:30 Friday Fitness 2:00 Patriotic Craft 3:00: Patriotic Songs 6:30 Florence Nightengale	20 ARMED FORCES DAY 10:00 Let's Move 10:30 Weekend Report 2:00 Scrambled Words 3:00 Finishing Lines 6:30 Hillarious Hounds
21 10:00 Worship 10:30 Sunday Stretch 2:00 Hymn Sing 2:30 Worship 3:00 Soup Books 6:30 Tea & Crumpets	22 SENIOR LIVING WEEK  10:00 AM Fitness 10:30 News Flash 2:00 Send Off.....MDR 3:00 Passports/Customs 6:30 Airport Careers	23 SENIOR LIVING WEEK 10:00 Morning Stretch 10:30 In the Headlines 2:00 Shopping in Paris MDR  3:00 Eiffel Tower 6:30 French Words	24 SENIOR LIVING WEEK  10:00 Jazzercise 10:30 Midweek Update 2:00 Caribbean Island MDR 3:00 Caribbean Treat 6:30 Prayer Meeting	25 SENIOR LIVING WEEK 10:00 Morning Swing 10:30 Bible Study 2:00 Scottish Highland MDR  3:00 Bagpipes 6:30 Scottish Culture	26 SENIOR LIVING WEEK  10:00 Daily News 10:30 Friday Fitness 2:00 Back to the USA MDR 3:00-Texas Beauty Pageant 6:30 Beauty Pageant Fashions	27 SENIOR LIVING WEEK  10:00 Let's Move 10:30 Weekend Report 2:00 Afternoon Cinema 3:00 Movie Review 6:30 Hot Air Balloons
28 10:00 Worship 10:30 Sunday Stretch 2:00 Hymn Sing 2:30 Worship 3:00 Picnic Foods 6:30 Shirley Temple	29 MEMORIAL DAY 10:00 AM Fitness 10:30 News Flash 2:00 Memorial Day 3:00 Famous Soldiers 6:30 Musical Tribute	30 10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary 2:00 My Cookbook 3:00 Favorite Recipes 6:30 All Kinds of Animals	31 10:00 Daily Exercise 10:30 Midweek News 2:00 Harpist MDR 3:00 Short Stories 6:30 Prayer Meeting			