








# September 2022 First Floor Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 10:00 Morning Swing 10:30 Bible Study 2:00 Bowling 3:00 Summer jokes 6:30 Card game	<b>2</b> 10:00 Daily News 10:30 Friday Fitness <b>2:00 Kris Piphany MDR</b> 3:00 Beverage Break 6:30 Square dancing	<b>3</b> 10:00 Let's Move 10:30 Weekend Report 2:00 Bean bag Toss 3:00 Sweet snack 6:30 Comedy Hour
<b>4</b> 10:00 Sunday Stretch 10:30 News & Views 2:00 Hymn Sing 3:00 Worship 3:00 Word of the day 6:30 Truth or Fiction	<b>5 Labor Day</b>  10:00 AM Fitness 10:30 News Flash 2:00 Patriotic Trifle 3:00 Labor Day Tunes 6:30 Classical Music	<b>6</b> 10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary 2:00 Fall Wreaths 3:00 Special Treats 6:30 Fall foods	<b>7</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 Game Talk 6:30 Prayer Meeting	<b>8</b> 10:00 Morning Swing 10:30 Bible Study 2:00 Chef's Choice 3:00 Taste Test 6:30 Beautiful Beaches	<b>9</b> 10:00 Daily News 10:30 Friday Fitness 2:00 Vanishing Man 3:00 Tasty Treat 6:30 Hobbies	<b>10</b> 10:00 Let's Move 10:30 Weekend Report 2:00 Thankful Acorns 3:00 Nature Friends 6:30 Music Quiz
<b>11 Grandparents Day</b> 10:00 Sunday Stretch 10:30 News & Views 2:00 Hymn Sing 2:30 Worship Service 3:00 Sunday Traditions 6:30 Grandparents	<b>12</b>  10:00 AM Fitness 10:30 News Flash 2:00 Chocolate Milkshake Day 3:00 Chocolate trivia 6:30 Old time Recipes	<b>13</b> 10:00 Morning Stretch 10:30 In the Headlines 1:30 Mass 2:00 Scarecrows 3:00 Homonyms 6:30 Music Fun	<b>14</b>  10:00 Jazzercise 10:30 Midweek Update <b>2:00 Day at the Fair MDR</b> 3:00 Fair Foods 6:30 Prayer Meeting	<b>15</b> 10:00 Bible Study <b>10:30 Resident Council</b> <b>2:00 Bingo</b> 3:00 Hydration Station 6:30 Puzzle time	<b>16</b> 10:00 Daily News 10:30 Friday Fitness 2:00 On the Porch 3:00 Name 5 6:30 Jazz Music	<b>17</b> 10:00 Let's Move 10:30 Weekend Report 2:00 Movie Choice 3:00 Snack Time 6:30 Movie Actresses
<b>18</b> 10:00 Sunday Stretch 10:30 News & Views 2:00 Hymn Sing 2:30 Worship Service 3:00 Let's Reflect 6:30 Frank Sinatra	<b>19</b> 10:00 AM Fitness 10:30 News Flash 2:00 School Days 3:00 The Alphabet 6:30 Opposites	<b>20</b> 10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary 2:00 Autumn Trivia 3:00 Fall Beverage 6:30 Who am I	<b>21</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 Prize Time 6:30 Prayer Meeting	<b>22 Fall Equinox</b>  10:00 Morning Swing <b>10:30 Bible Study</b> 2:00 Shuffle Board 3:00 Canteen 6:30 Weather Expressions	<b>23</b>  10:00 Daily News 10:30 Friday Fitness 2:00 Apple Delight 3:00 Apple Facts 6:30 Johnny Appleseed	<b>24</b> 10:00 Let's Move 10:30 Weekend Report 2:00 Birthday Party MDR 3:00 Lets Celebrate 6:30 American History
<b>25</b> 10:00 Sunday Stretch 10:30 News & Views 2:00 Hymn Sing 2:30 Worship Service 3:00 Mothers & Daughters 6:30 Game Shows	<b>26 Rosh Hashana</b> 10:00 AM Fitness 10:30 News Flash 2:00 Fall Fun 3:00 Turning Leaves 6:30 Jeopardy	<b>27</b> 10:00 Morning Stretch 10:30 In the Headlines 1:30 Mass 2:00 Indian Corn 3:00 Cowboys & Indians 6:30 Changing Seasons	<b>28</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 The Chat room 6:30 Prayer Meeting	<b>29</b> 10:00 Morning Swing 10:30 Bible Study <b>2:00 Rob Balonof MDR</b> 3:00 Thirsty Thursday 6:30 Table Talk	<b>30</b> 10:00 Daily News 10:30 Friday Fitness 2:00 Nails & Music 3:00 Mind Stretchers 6:30 Friendship Circle	