

# June 2022 First Floor Manor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:00 Daily Exercise 10:30 Midweek News <b>2:00 Bingo</b> 3:00 Winning Prize 6:30 Prayer Meeting	<b>2</b> 10:00 Morning Stretch 10:30 Daily News 2:00 Word Search 3:00 Canteen 6:30 Rummy	<b>3</b> 10:00 Armchair Fitness 10:30 News & Views 2:00 Pedal Power  3:00 Beverage Break 6:30 Tour De France	<b>4</b> 10:00 Armchair Dance 10:30 News Time 2:00 Light houses  3:00 Snack and Chat 6:30 Short Story
<b>5</b> 10:00 Sunday Stretch 10:30 Daily News 2:00 Hymn Sing MDR 2:30 Worship Service 3:00 Bible Trivia 6:30 Friendship Circle	<b>6</b> 10:00 AM Fitness 10:30 News Flash 2:00 Manicures and Melodies 3:00 Hand Massages 6:30 The Yo Yo	<b>7</b> 10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary 2:00 Chef's Choice 3:00 Summer Recipes 6:30 Chocolate Ice Cream	<b>8</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 Sweet Treat 6:30 Prayer Meeting	<b>9</b> 10:00 Morning Swing 10:30 Bible Study 2:00 Ice Tea Social 3:00 Word Game 6:30 World's Fair	<b>10</b> 10:00 Daily News 10:30 Friday Fitness 2:00 Overnight Trips 3:00 Suitcase Trivia 6:30 Fishwrapper	<b>11</b> 10:00 Let's Move 10:30 Weekend Report 2:00 Wedding Traditions 3:00 Wedding Gowns 6:30 Polka Time!
<b>12</b> 10:00 Sunday Stretch 10:30 Daily News 2:00 Hymn Sing MDR 2:30 Worship Service 3:00 God's Creation 6:30 Name that Tune	<b>13</b> 10:00 AM Fitness 10:30 News Flash 2:00 Travel to Czech 3:00 Czech Culture and Foods 6:30 Fire Flies 	<b>14 Flag Day</b>  10:00 Morning Stretch 10:30 In the Headlines 1:30 Mass 2:00 Flag Craft 3:00 Blue Drink 6:30 Story of the Flag	<b>15</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 Positive Quotes 6:30 Prayer Meeting	<b>16</b> 10:30 Bible Study <b>10:30 Resident Council</b> 2:00 Bowling 3:00 Refreshments 6:30 Trivial Pursuit	<b>17</b>  10:00 Daily News 10:30 Friday Fitness 2:00 National Root Beer Day 3:00 Root Beer Floats 6:30 Pictionary	<b>18</b> 10:00 Let's Move 10:30 Weekend Report <b>2:00 Lori and Jim            Fathers Day Social</b> 3:00 Let's Celebrate 6:30 Poetry Night
<b>19 Father's Day</b>  10:00 Sunday Stretch 10:30 Daily News 2:00 Hymn Sing MDR 2:30 Worship Service 3:00 Famous Dads 6:30 Juneteenth	<b>20</b> 10:00 AM Fitness 10:30 News Flash 2:00 Father's Choice 3:00 Music and Snack 6:30 70's Music	<b>21 First Day of Summer</b>  10:00 Morning Stretch 10:30 In the Headlines 1:30 Rosary 2:00 Picnic Basket 3:00 Riddles 6:30 The Beach Boys	<b>22</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 Mental Aerobics 6:30 Prayer Meeting	<b>23</b> 10:00 Morning Swing 10:30 Bible Study 2:00 Blast of the Past 3:00 Oldies Music Quiz 6:30 Name 5	<b>24</b> 10:00 Daily News 10:30 Friday Fitness <b>2:00 Birthday Party</b> 3:00 Snack & Chat 6:30 Funny Dog Videos	<b>25</b>  10:00 Let's Move 10:30 Weekend Report 2:00 Flowers A-Z 3:00 Famous Gardens 6:30 Theme Songs
<b>26</b> 10:00 Sunday Stretch 10:30 Daily News 2:00 Hymn Sing MDR 2:30 Worship Service 3:00 The Gift of Peace 6:30 Book club	<b>27</b> 10:00 AM Fitness 10:30 News Flash 2:00 Tic-Tac-Toe 3:00 Joke Book 6:30 Lemonade Stand	<b>28</b> 10:00 Morning Stretch 10:30 In the Headlines 1:30 Mass 2:00 Front Porch 3:00 Popsicle Treat  6:30 Word jumble	<b>29</b> 10:00 Jazzercise 10:30 Midweek Update <b>2:00 Bingo</b> 3:00 Chat room 6:30 Prayer Meeting	<b>30</b> 10:00 Morning Swing 10:30 Bible Study 2:00 Baking Surprise 3:00 Taste Test 6:30 Truth or Fiction		